

Class #1

March 2010 YMCA Lifeguard Class

When: March 6, 13, 20, 27, 2010
Where: Mon Valley YMCA, Charleroi, PA
Contact: Bernie Koliscak, Instructor
412-818-8392 C
724-929-4951 H
Time: 8AM- 1PM
Cost: \$270 Non Y members
\$250 Members
Deduct \$35 if lifeguard manual is NOT needed

Times and dates can be adjusted to meet the needs of the class

Requirements: Must be able to swim fluently 300 yards with 4 basic strokes, attend all classes, and complete all requirements. Instructors will teach all lifeguard skills. Instructors will NOT teaching swimming and stroke refinement.

Certifications and Materials Include:

Lifeguard
First Aide
CPR/FPR
Disease Prevention
Oxygen Delivery
Lifeguard Manual (Deduct \$35 if you have a book)

Class #2

Recertification Only: Sunday, March 14, 2010 Noon-4PM

CPR/AED, OXYGEN, AND DISEASE PREVENTION

Cost \$63

Lifeguard/First Aid

Cost \$50

Call Bernie Koliscak- 412-818-8392 C

724-929-4951 H

Class # 3

**Recertification Classes Only: Sunday March 28, 2009 Noon to 4PM
Mt Pines Resort, Champion, PA**

Class #4

Friday April 2, 2010 6PM-9PM

Saturday April 3, 2010 8AM-1PM

Crystal Pool Rec. Center, Fayette City, PA

Cost: \$63 CPR/AED, Oxygen, and Disease Prevention for lifeguards

Cost: \$35 CPR/AED for all other staff

Payment is due at registration that day prior to taking the class.

Bernie Koliscak

Certified Instructor

Aquatic Director

412-818-8392-C

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