

**+ AMERICAN RED CROSS
LIFEGUARD
CERTIFICATION**

**The
Aerobic
Center**
Lynch Field ★ Greensburg, PA
(724) 834-2153

May 1-16, 2010
Saturdays & Sundays 7-11am.
COST: \$250.00

UPDATED COURSE includes: CPR/AED for the professional rescuer, community first aid, and lifeguarding.

Current lifeguards can review and re-certify on **May 15, 2010.**

***9:00-1:00pm Lifeguard challenge (includes CPR/AED) \$45.00**

***9:00-11:00am CPR/AED challenge \$25.00**

Requirements: 15 years of age, must be able to tread water, swim 300 yards, surface dive to the bottom of 7ft., swim front crawl, backstroke, breaststroke, sidestroke, and elementary backstroke.

CLASS IS LIMITED. Must sign-up and pay by April 16, 2010.

**A minimum of six participants is required to hold the class.
In the event the minimum is not met, the class will be canceled.**